

CERTIFICATE OF PARTICIPATION

This is to certify that

Ian Henry

Has successfully participated & completed the

8km Eastern Nights Trail Run

held at The Lake Club, Benoni.

TIME 00:46:06

PACE 05:45/km

OVERALL 15 of 87

GENDER 13 of 45

50 - 59 2 of 6

01 August 2019, Thu

Date



BoutTime

Signature

